

# miessence® skin profiles

miessence® products are designed around four different skin profiles. You may find you'll want to mix-and-match different products from different profiles to perfectly suit your skin, which is fine! By browsing through the profiles below you can ascertain which one you feel is most compatible with your skin right now.

## balancing

### normal combination profile even skin tone

- fine to average pore size
- some enlarged pores
- some T-zone oiliness
- occasional breakouts
- some blackheads

#### Some herbs used:

- Organic Calendula:** soothes, heals, restores
- Organic Chamomile:** antimicrobial, calms, soothes
- Organic Marshmallow:** softens, revitalises, emollient, hydrates
- Organic Olive Leaf:** repairs, tones, firms, antioxidant
- Organic St Johns Wort:** moisturises, astringent, refreshes, tones
- Organic Lavender:** soothes, relaxes, regenerates
- Organic Rosehip Seed:** regenerates, moisturises, heals



## rejuvenating

### dry mature profile loss of elasticity

- varying pore size
- some dry patches
- no sheen/dull complexion
- can feel tight and dry
- may have surface capillaries

#### Some herbs used:

- Organic Gotu Kola:** anti-wrinkle, anti-aging, heals
- Organic Hops:** stimulates, tones, dark circle treatment
- Organic Horsetail:** stimulates, tones, firms, anti-free radical
- Organic Nettle:** circulation enhancer, anti-inflammatory, astringent
- Organic Geranium:** tones, softens, soothes, balances
- Moroccan Rose:** anti-wrinkle, regenerates
- Organic Avocado:** moisturises, nourishes, softens
- Organic Rosehip Seed:** regenerates, moisturises, heals



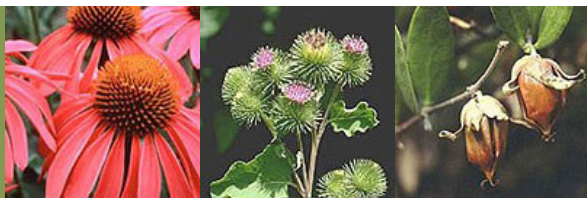
## purifying

### oily problem profile oily sheen

- breakouts/blemishes
- congestion/clogging
- open pores
- blackheads
- redness

#### Some herbs used:

- Organic Burdock:** astringent, softens, soothes, purifies
- Organic Echinacea:** purifies, stimulates, calms
- Organic Nettle:** anti-inflammatory, astringent, strengthening
- Organic Plantain:** astringent, soothing, healing
- Organic Witch Hazel:** draining, astringent, anti-free radical, protective
- Organic Tea Tree:** astringent, regulates, repairs
- Organic Lemon Myrtle:** astringent, antibacterial, repairs
- Organic Jojoba:** nourishes, moisturises, anti-free radical



## soothing

### sensitive profile may have surface capillaries

- can feel irritated, itchy and hot
- can appear blotchy
- may have flaky patches
- allergic reactions common
- flushed and red easily

#### Some herbs used:

- Organic Chamomile:** antimicrobial, calms, soothes
- Organic Horsechestnut:** decongests, drains broken capillaries, strengthens
- Organic St Johns Wort:** moisturises, astringent, refreshes, tones
- Organic Witch Hazel:** drains, astringent, anti-free radical, protects
- Carrot Seed:** regenerates, tones, heals
- German Chamomile:** anti-bacterial, wound-healing, painrelieving
- Organic Rosehip Seed:** regenerates, moisturises, heals

